



Secção do Ombro e Cotovelo da Sociedade Portuguesa de Ortopedia e Traumatologia  
Shoulder and Elbow Department of the Portuguese Orthopaedic Society

Annual Report for Secec 2008 – A. Cartucho MD



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Mr President of the Secec:

The Shoulder and Elbow Department of the Portuguese Orthopaedic Society exists since 1989. The 3 last presidents of this department were Prof Jacinto Monteiro, Dr Rosmaninho Seabra and I that will coordinate the department until the end of next year. These 3 presidencies represent 12 years of the Department since we did two consecutive terms. We all are members of the Secec and with the new rules for membership and our internal activities we now have seven member of the Society and are hoping to have more candidates for Junior and Associated members. Once a year after the Secec Congress we make a personal mailing to our members, notifying them of the new rules for membership and explaining the procedure to the candidates. We have a link for the Secec website in our Portuguese Orthopaedic Society site [www.spot.pt](http://www.spot.pt). and this year we forward the information on the physiotherapy day to the national association of physiotherapists and we contacted personally our physiotherapists on this subject.

Presently we are studying the possibility under the new rules of our Orthopaedic Society to form a Portuguese Shoulder and Elbow Society that will maintain its close attachment to the Portuguese Orthopaedic Society. Nevertheless this evolution from a Section to a Society his new and we are at present making an effort in order to have a positive vote in the next General Assembly of the Portuguese Orthopaedic Society.

The present President of the Portuguese Orthopaedic Society is a very active member of the Secec – Prof Jacinto Monteiro. Has one of the main topics of the National Congress he chose “Complex Traumatic Pathology of the Elbow”. This topic involved a considerable number of members of our section and has two invited surgeons Samuel Antuna MD and Pierre Mansat MD Phd.

The Shoulder and Elbow Department of the Portuguese Orthopaedic Society has 77 members in a universe of 600 active orthopaedic surgeons.

Internally the department has two main events each year:

- The Speciality day at the Portuguese Orthopaedic Congress. Normally we choose the year before in General Assembly the subject of this event. We normally have a full room with near 200 attendants. We try to choose a topic that will be of interest to

the general orthopaedic surgeon. Last year we did a multicentric study on treatment of fractures of humeral shaft. We proposed an evaluation form for shoulder and elbow problems based on the Constant score. The form was adopted by the majority of the Orthopaedic Departments.

This year we made a retrospective multicenter study on surgical treatment of acromio-clavicular traumatic instability. A record number of twelve hospital centres agreed to cooperate and we will statically work the results for future publishing.

- The annual congress held in one and a half day in Lisbon at the Lagoas Park Hotel had 160 attendants. We introduced a new kind of presentation that we called "Live with the expert". A video with the personal technique of the surgeon should be presented in twenty minutes and discussion was open for ten minutes. During the presentation of the video the presenter should comment and the moderates would receive questions from the audience that would be answered "on the spot". We had a very good reception of the audience for this new formula and we are willing to maintain it in further events. The programme focused rotator cuff pathology, shoulder instability, proximal humerus fractures and shoulder prosthesis. There were 3 invited surgeons: Ralph Hertel MD PhD, Emilio Calvo MD and Celestino Guerra MD. We had the intention of having with us at least 2 members of the executive committee because we felt that the quality of our programme and the innovation of "life with the expert" would permit us to have the patronage of Secec. Unfortunately that was not possible but we had a tremendous support by the Research and Development Committee chairman

Next year the annual congress will be held in Funchal- Madeira

The shoulder and Elbow department was also responsible by two cadaver courses, one held in Barcelona only for Portuguese surgeons and the other in Portugal. We had the opportunity to teach and share experience with more than 30 young surgeons.

Our international activity is done by our members. Normally is not coordinated by the Shoulder and Elbow Department of the Portuguese Orthopaedic Society. We often participate has attendants and we are very pleased to see that more and more has active participants.

September 2008

A handwritten signature in black ink, appearing to be 'A. Cartucho', enclosed within a hand-drawn oval shape.

António Cartucho MD

President of Shoulder and Elbow Department of the Portuguese Orthopaedic Society  
Portuguese National Delegate of Secec