

Mayo Elbow Performance Score

Function

Pain (max., 45 points)

- None (45 points)
- Mild (30 points)
- Moderate (15 points)
- Severe (0 points)
- Mean

Range of motion (max., 20 points)

- Arc > 100 degrees (20 points)
- Arc 50 to 100 degrees (15 points)
- Arc < 50 degrees (5 points)
- Mean

Stability (max., 10 points)

- Stable (10 points)
- Moderately unstable (5 points)
- Grossly unstable (0 points)
- Mean

Function (max., 25 points)

- Able to comb hair (5 points)
- Able to feed oneself (5 points)
- Able to perform personal hygiene tasks (5 points)
- Able to on shirt (5 points)
- Able to put on shoes (5 points)
- Mean

Mean total (max., 100 points)

Morrey BF, An KN, Chao EYS: Functional evaluation of the elbow. *In The Elbow and Its Disorders*, edited by B. F. Morrey. Ed. 2, pp. 86-89. Philadelphia, W. B. Saunders, 1993.